

Recommended Resources: Chapter 6

Suggestions for further reading to extend and deepen knowledge and to add context.

You are urged to preview recommended sources and judge their suitability for your own classroom use.

Publications

Johnstone, L. (1989). *Users and Abusers of Psychiatry*. London: Routledge.

The author uses her professional experience to consider how far conventional approaches to mental abnormalities tend to help or aggravate the patient's condition. This book should give more advanced students who enjoy critical thinking a framework to examine currently available treatments, including those presented in the coursebook.

Websites

[IB Psychology InThinking subject sites](#)

A paid subscription is required to view most of the materials on this site, which is constantly revised and updated.

The abnormal psychology sections contain quality, lively and up-to-date material specifically for IB requirements, including a focus on PTSD, which is an alternative to the depression and anorexia nervosa content considered in the coursebook. Particularly recommended are: 'Reconsidering Rosenhan', 'The Increase in ADHD' and the 'Individual therapies inquiry' (all under [Teaching Ideas](#) on that site). These three items add dimensions that supplement the material in the coursebook. In addition, the site contains some useful links: for example, cultural dimensions in different parts of the world are considered in the article [Foreign afflictions: Mental disorders across country borders](#), and the prevalence of different types of abnormalities in the USA are comprehensively presented at the [National Institutes of Health website](#).

[Psychlotron](#)

A comprehensive website for studying psychology at this level, with a wide range of materials on defining abnormality, different abnormal conditions such as depression, schizophrenia, phobias, OCD and eating disorders. This site tends to specialise in presentations and worksheets for different student abilities.

[Resourcd](#)

You will need to enrol (free) to use some of the shared materials on this site.

The psychology section of this website contains a range videos, presentations and worksheets on many different abnormal conditions.

[The Psychologist](#)

A regularly updated site from the British Psychological Society. It includes a wide range of articles and other resources on conditions including, but not restricted to, depression, eating disorders, schizophrenia and phobias. Suitable for students who wish to follow up the more basic material in the coursebook as well as explore other abnormalities.

[TED](#) and [TEDEd](#)

TED and TEDx talks focus on a wide range of abnormal conditions, for example Nikki Webber Allen on [Don't suffer from your depression in silence](#). There are many [suitable talks](#). Other talks consider ways in which individuals and communities can assist. Particularly recommended are Vikram Patel on [Mental health for all by involving all](#) and Jeremy Forbes on [How to start a conversation about suicide](#).